

## **Examining and explaining the concepts governing the religious lifestyle in the Holy Quran**

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### **Abstract**

Making deep cultural changes in modern lifestyles requires methodical and knowledge-based confrontation. Adopting non-scientific methods in promoting religious lifestyle is one of the most important harms in this field; Because the fundamental differences in people's lifestyles are rooted in their ideas; We consider ideas to be the main source of lifestyle formation; What is meant by image is a more or less stable and of course impressive image of things in the mind. Today, the power of imagination in shaping behavior is one of the accepted principles of behavioral science. As far as the idea therapy is considered one of the most important methods of psychotherapy. In the following article, with the method of descriptive-analytical studies, in the Qur'anic sources, the ideas governing the religious lifestyle were searched, and finally, with the ideas of effectiveness in ontological, cosmological, anthropological, sociological, psychological, and finally epistemological dimensions. We encountered and decided to launch a new project in religious lifestyle education with metaphorical and artistic formats; Dualism in existence, nobleness, travellerism, instrumentalism, trustism, goalism of human creation and the world, human responsibility, playfulness of worldly life, pride-ism, consumerism, bridge-ism, finalism, marketism of the world, Equality of the individual with everyone, scavenging of absence and exclusiveness of peace, positivity of events, equality of nutrition with knowledge and happiness, etc. are Quranic concepts that have come to the researcher's attention.

**Keywords:** review, image, Quran, lifestyle, religion.

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